Safe, Real-Time Visualization in a Cholecystectomy Case with Intraoperative Ultrasound

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Case Introduction

In this case, the 31-year-old female patient presented with acute epigastric/right-sided abdominal pain that had lasted about two to three days. She had no significant past medical history apart from h/o indigestion for several months and some intentional weight loss. She was nine weeks pregnant.

On examination, the patient was shown to be with a BMI of 29, but otherwise well. Investigations revealed deranged liver function tests with raised ALT, ALP, bilirubin, and serum lipase of 15,000. She was diagnosed with gallstone pancreatitis and treated appropriately. An abdominal ultrasound confirmed multiple gallstones inside the gallbladder and inside a dilated common bile duct (CBD). As the patient had pancreatitis secondary to gallstones, it was decided to operate and remove the gallbladder and stones in the CBD in a single-setting laparoscopic procedure, rather than subjecting her to endoscopic retrograde cholangiopancreatography (ERCP) and its associated risks and radiation exposure.

Visualizing Anatomical Variations

When intraoperative ultrasound was introduced in the beginning of the procedure, the 4-Way Laparoscopic Transducer was used to visualize anatomy and determine that the gallbladder had thick walls and multiple stones [See Figs. 1, 2A, 2B]. The common uses of real-time imaging in the early steps of this procedure are to determine the normality or abnormality of anatomy and to investigate the intrahepatic vasculature.
Determining Number and Size of Stones

Real-time intraoperative ultrasound was also used to confirm the presence of several stones in the dilated CBD. Imaging was used to identify the junction of the cystic duct with CBD and to visualize the stones in the CBD as well [See Figs. 3A, 3B, 4]. Color Doppler was activated to visualize the right hepatic artery and the portal vein. This information helped the surgeon assess resectability and revise the surgical plans.

It is essential to confirm the presence of stones in the CBD before deciding whether or not to explore the bile duct. In this case, intraoperative ultrasound confirmed the presence of multiple stones in the CBD. Following the confirmation of stones, it was decided to remove the stones from the bile duct with intraoperative ultrasound guidance. The type of approach depends on the size and number of stones and the cystic duct size. In this case, the diameter of the cystic duct was less than that of certain CBD stones, and there were at least seven to 10 stones in the bile duct. Therefore, the patient underwent a transcholedochal approach and removal of stones from the bile duct.

Confirming Results During the Procedure

15 stones were removed from the bile duct. Intraoperative ultrasound was then used to assess whether the procedure was complete, with the CBD being traced to its exit point inside the second part of the duodenum [See Fig. 5].

“Without ultrasound, it would not have been possible to confirm the presence of stones in the bile duct, and I would not have been able to measure the diameter of the cystic duct and CBD,” Mr. Aroori explained, and elaborated on how the continuous use of intraoperative ultrasound provided useful information throughout the procedure.

Real-time imaging made it possible to measure the size and number of stones before deciding the best approach for removing the CBD stones. At the end of the procedure, the imaging allowed the surgeon to confirm the results before ending surgery.
Conclusions

Throughout the procedure, intraoperative imaging provided real-time information that could not be obtained from preoperative imaging. It was especially helpful for identification of anatomy and confirmation of the presence of gallstones and CBD stones in order to choose between the transcystic or transcholedochal approaches.

Two big advantages of using intraoperative ultrasound for real-time imaging are speed and safety. Intraoperative ultrasound is faster than intraoperative cholangiography (IOC) and a surgeon can utilize it as many times as desired for visualization. Intraoperative ultrasound is a safer option than IOC because it does not use radiation.

The highly sensitive and specific imaging with intraoperative ultrasound also helps to differentiate between gallbladder stones, benign polyps, and malignant tumors of the gallbladder. Intraoperative ultrasound provides information about vascular anatomy that would be useful when planning gallbladder and liver resection for suspected gallbladder cancer.